



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

## I carry a Cross In My Pocket

*I carry a cross in my pocket, a simple reminder to me that I am a Christian, no matter where I may be.*

*This little cross isn't magic, nor is it a good luck charm. It isn't meant to protect me from every physical harm.*

*It's not for identification for all the world to see. It's simply an understanding between my Saviour and me.*

*When I put my hand in my pocket to bring out a coin or a key, the cross is there to remind me of the price He paid for me.*

*It reminds me too to be thankful, for every blessing, every day, and to strive to serve him better in all that I do or say.*

*It's also a daily reminder of the peace and comfort I share with all who know my Master and give themselves to His care.*

*So, I carry a cross in my pocket reminding none but me that Jesus Christ is Lord of my life, if only I'll let Him be.*

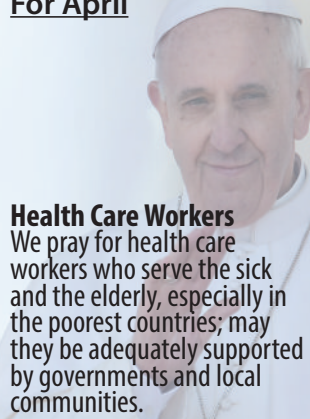


## Thoughts of Bl Francis Jordan

The Divine Saviour, in His great mercy, has called us to become images of himself, as far as possible. He has called us so that, through holiness our work everywhere may be accompanied by blessings, happiness, and salvation



### Pope Francis' Prayer Intentions For April



**Health Care Workers**  
We pray for health care workers who serve the sick and the elderly, especially in the poorest countries; may they be adequately supported by governments and local communities.

Continue to practise good hygiene. ***Please use the hand sanitisers provided in both of our Churches.***

**It is our responsibility to protect others and ourselves and stop the spread of COVID-19 in Australia.**

**If you have used this bulletin, please take it home with you.**

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church.



## MASS TIMES

**SACRED HEART CHURCH**  
1 Keenan Street, Mona Vale

**Weekday Masses**  
**Tuesday 8.30am**

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8am, followed by Mass at 9.30am*

**Wednesday 9.30am**  
**Thursday 7pm**

*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm*

**Friday 9.30am**

*First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am*

**Weekend Masses**

**Saturday Vigil 5.00pm**  
**Sunday 8.00am • 10.00am • 6.00pm (SOUL)**

**Reconciliation**  
**4.00pm to 4.30pm Saturday**

**Baptism**  
**4th Sunday - 11.30am**

**MARIA REGINA CHURCH**  
7 Central Road, Avalon

**Weekday Masses**  
**Monday 8am**

**Wednesday 8am**  
**Thursday 10am**

*9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am*  
**Friday 8am**

**Mass with Anointing of the Sick - First Friday of the Month at 8am**

**Weekend Masses**  
**Saturday Vigil 6.00pm**  
**Sunday 9.00am**

**Reconciliation**  
**Before Vigil Mass on Saturday**

**Baptism**  
**3rd Sunday - 11.00am**

We Pray for  
the Souls of

**Souls in Purgatory**  
**Frank Russell**

**Recently Deceased**

**Jure Vukman**  
**Dieter Gerecke**

If you would like the names of your relatives or friends and offerings included, please drop the envelope in to the Parish Office by Midday on Wednesdays. Thank You.

**Prayers for the Sick**

Beryl Peo-Duncan  
Michael Carroodus  
Pat Regan  
Garry Gleeson  
Annette Davis  
Andrew Hood  
Jeff Langley  
Warwick Chipman  
Erin Ocampo  
Mark Lindfield  
Vicky Kalingasan  
Bill Eyre  
Brian Gregan  
Marian Poe  
Marcia Bailey  
Bec Burroughs  
Susan Hickey  
Sophia Burfitt  
Margaret De Landre  
Maeva Robinson  
Jenny Carroll  
Matt Ukishima  
Pietrina Maiorana  
Susan Makabenta  
Dominic Ursino  
George Carpenter  
Diane Williams  
Denise Wagner  
Ron  
Susan Makabenta  
Sarah Wright

The names on this list will be removed after four weeks unless otherwise requested or advised. Thank you

**DATES for your DIARY**



**STATIONS OF THE CROSS**

Good Friday  
at 10.00am

from Our Schools



**Mater Maria**  
**Catholic College**

On Friday, our last day of term, our students gathered in the Marana Complex for a whole school Easter liturgy. For our Easter Liturgy, we commemorate the events described in the Gospel of Palm Sunday. Palm Sunday is the start of Holy Week. Holy Week also includes the days of Holy Monday, Holy Tuesday, Holy Wednesday Holy Thursday, (the Celebration of the Last Supper) Good Friday (The Lord's Passion,) Holy Saturday, and Easter Sunday (Resurrection Day). These are the most significant last days in the life of Jesus. The events of Palm Sunday, dramatized by our year 9 drama students commemorates Jesus triumphant entry into Jerusalem in those last days before his arrest passion and death. Our Liturgy, then, prepares us to welcome the gift of salvation for which we give thanks and which we celebrate on Easter Sunday morning. Each year during Lent, Mater Maria participates in the Project Compassion appeal to raise vital funds which are sent overseas to developing countries. This week on Thursday, our teachers had a mega bake off to raise much-needed funds for the survivors of the January Tongan tsunami. The donations will be delivered to them through Caritas Australia. Our students also presented school bus drivers this week with an Easter Egg and Easter Card to thank them for their service during Term 1. We are blessed to have such caring students at our College. We pray that everyone has a happy and holy Easter. Applications for Year 7, 2024 at Mater Maria Catholic College have now closed. The enrolment committee will be processing applications over the Easter school holidays and we will extend our enrolment offers for 2024 in early Term 2. Any late applications received will now join our wait list. We are now accepting enrolments for Year 7 in 2025. We hope to resume our small group tours from Term 2. Dates will be available on our website soon. [www.matermaria.nsw.edu.au/enrolments](http://www.matermaria.nsw.edu.au/enrolments) for a prospectus.

To read the messages from  
Bishop Anthony and from the  
people Vox Populi  
please go to  
[www.pittwaterparish.org](http://www.pittwaterparish.org).  
News and events tile and  
Messages from Bishop Anthony  
on the drop down menu.

**Liturgy for the Week**

- 11/04 **Monday of Holy Week**  
Is 42:1-7 Jn 12:1-11
- 12/04 **Tuesday of Holy Week**  
Is 49:1-6 Jn 13:21-33
- 13/04 **Wednesday of Holy Week**  
Is 50:4-9 Mt 26:14-25
- 14/04 **Thursday of Lord's Supper**  
Ex 12:1-8, 11-14; 1Cor 11:23-26  
Jn 13:1-15
- 15/04 **Goog Friday**  
Is 52:13-53:12;  
Heb 4:14-15; 5:7-9  
Jn 18:1-19:42
- 16/04 **Holy Saturday**  
Gn 1:1-2:2  
Ex 14:15-15:1  
Is 55:1-11  
Rom 6:3-11  
Lk 24:1-12

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**Caritas Ukraine urgently  
needs your support**

Caritas Australia is currently raising funds to support communities impacted by the conflict in Ukraine. Visit: [caritas.org.au/donate/emergency-appeals/ukraine/](http://caritas.org.au/donate/emergency-appeals/ukraine/) or call: 1800 024 413 toll free to provide much needed support.

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# The Gospel's advice for dealing with our enemies



For over a month, we have witnessed Russian aggression and attacks in Ukraine with countless innocent people dying. Reading today's Gospel in light of these atrocities draws our attention to how to react to hostile forces, unjust violence and the problems associated with false claims and disinformation.

"This man was innocent beyond doubt" (Lk 23:47).

Today we hear Luke's account of the Last Supper, Jesus' betrayal and arrest at the Mount of Olives, Jesus' trial before Pilate and Herod and his crucifixion and death. Luke includes several unique details that demonstrate Jesus' leadership, especially in tense moments, and Luke also heightens the pain and the injustice associated with Jesus' crucifixion.

When Jesus tells his followers that someone among them would betray him, the disciples argue over who among them is the greatest, perhaps realizing that they would need to lead Jesus' followers after his death. Jesus shifts their focus away from who is the best, instead insisting that true leadership requires serving the needs of the community.

When these future leaders are present for Jesus' arrest, they try to defend him, drawing swords and even attacking the chief priests and officials leading the arrest. One disciple cuts off the ear of a servant of the high priest, defending Jesus and showing a willingness to fight against injustice. But during the chaos, Jesus insists, "Stop, no more of this," calling for an end to violence. According to Luke, Jesus

then heals the servant's ear, modeling care, restoration and forgiveness within the context of hostility and attack.

Obviously, the situation detailed in the Gospel is not the same as the attacks waged against Ukraine, but the Gospel does offer complex images of a willingness to fight enemies and a willingness to show love, even when under attack. That it is a servant who is healed could reveal that Jesus recognizes that the servant is not leading the charge against him, so he should not be punished for being present for the events.

Luke intensifies the focus on the unjustness of Jesus' arrest as the Passion narrative continues. Jesus is taunted and beaten. He is falsely accused and brought before Pilate and then Herod, whose presence at the crucifixion is also unique to Luke. Both leaders conclude that Jesus is innocent, finding no grounds to sentence him to death, yet the crowds continue to shout "Crucify him," showing bloodlust over fairness and failing to listen to reason.

Unfortunately, many people knowingly or unknowingly are clouded by disinformation, anger and propaganda, and we are living through the ramifications of people failing to think carefully and critically. Jesus recognizes ignorance that leads to his unjust crucifixion, saying "Father, forgive them, they know not what they do," a statement found in some but not all Lukan manuscripts. This statement has modern parallels to people living in and fighting for Russia, motivated to fight based on lies and political pressures. Ignorance, as we know, abounds on many levels and in connection to various contentious issues. The Gospel reminds us not to endorse or accept violence uncritically, but to seek truth and

resist injustice.

In addition to reflecting on our modern realities, the Lectionary placement calls on us to read the Passion with last Sunday's Gospel in mind. Recall the story of the woman whom Jesus refuses to condemn, the woman whom Jesus treats with dignity and respect. Jesus models the exact opposite of what he encounters, as he is condemned, mocked and disrespected. The Jewish leaders accused her of adultery, and these are the same authorities who falsely accuse Jesus in today's Gospel. Perhaps the Lectionary encourages us to rethink the woman, as she, like Jesus, may be innocent. Perhaps Jesus fails to condemn her because she has not done a condemnable act.

As we prepare ourselves to commemorate Jesus' last days, today's Gospel offers us ways to react to and deal with injustice, fighting, praying and facilitating healing. We also called to recognize the importance of truth and justice as ways to prevent and heal the injustices of the world.

*Excerpt from America The Jesuit Review*

## THURSDAY MORNING SPIRITUALITY GROUP

We have recommenced our study this year with a new book "The God Who Won't Let Go" by Peter van Breeman SJ. Inspired by his retreats in Bingen, Germany celebrating St Hildegard, van Breeman reminds us that in an age where everything seems temporary and continually changing, the love of God is permanent.

We meet after 10am mass (around 10:30) for morning tea, followed by study and contemplation until 12 noon. We read through the book in a very relaxed manner gaining new insights from each other. All are invited.

Contact Margaret Abrahams via the office on 9157 0999.

## Housebound Parishioners

If you'd like a priest for home visit, reconciliation, anointing of the sick and communion, please contact the Parish Office at 91570999.

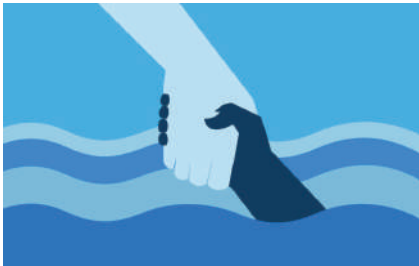
"Throw all your anxiety onto him, because he cares about you."

1 PETER 5:7



# Vinnies

## Vinnies NSW calls for donations in support of emergency flood appeal



In response to the devastating floods impacting across NSW the St Vincent de Paul Society has launched an emergency flood appeal to assist residents with their immediate needs as well as longer-term recovery.

Donations to the Vinnies Flood Appeal can be made at [www.vinnies.org.au/nswfloodappeal](http://www.vinnies.org.au/nswfloodappeal), by calling 13 18 12, or at any Vinnies Shop.

**For the needy, help is available by contacting the Brookvale Centre 9905 0424 during business hours.**

## Welcome to our New Sacramental Coordinator



Hi, my name is Sonia and I am excited to be the new Sacramental Coordinator for Pittwater Parish! I volunteer as scripture teacher in public schools and have been facilitating sacramental groups during my children's sacramental programs.

I am pleased to announce that 19 June will be the next Confirmation Day. You are invited to attend one of two Confirmation information evenings for parents (of children in Year 3 or above and who have received the Sacrament of Baptism), as follows:

-Sacred Heart Mona Vale:  
Monday 2 May, 7pm

-Maria Regina Avalon:  
Wednesday 4 May, 7pm

I look forward to meeting you there!  
Sonia



## Divine Mercy Novena

The Divine Mercy novena prayers were given to St. Faustina through an apparition of our Lord Jesus. Each day has a new petition that seeks God's mercy for different purposes.

The message of Divine Mercy is a powerful and moving way to come closer to Christ. His Mercy is central to our lives and we must continually depend on it and ask for it daily.

The Divine Mercy Novena begins on Good Friday and goes until Divine Mercy Saturday. The second Sunday of Easter is Divine Mercy Sunday.

You can join thousands of people in praying the novena this year!

Leaflets are available at the back of the Church.



### ANZAC DAY MASS

**Sunday 24th April 2022 at 10am Mass Sacred Heart Church, Mona Vale**

**We will commemorate the men and women of the Australian and New Zealand Army, Air Force and Navy who have served their country and especially those who gave their lives and health.**

**Please join us at the Parish Centre**



Every day, more than 200 million children miss out on school, around 690 million people go hungry and 2.2 billion people cannot access clean drinking water. In recent years, COVID-19 has also devastated vulnerable communities already living in poverty, with the health and economic impacts to reverberate for years to come.

It's through the generous support of people like you, even amidst the COVID-19 pandemic, that we are able to continue to help lift vulnerable communities out of poverty – support that is needed now more than ever. Thousands of schools and Parishes in Australia have supported Project Compassion over the past year alone.

Thank you for your continued support for Project Compassion – past, present and future. Together, we can help vulnerable communities face their challenges today and build a better tomorrow For All Future Generations. Please donate to Project Compassion 2022 to help continue empowering vulnerable communities around the world lift themselves and their communities out of poverty.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow For All Future Generations. You can donate through Project Compassion donation boxes and envelopes available from your Parish, by visiting [lent.caritas.org.au](http://lent.caritas.org.au), or by calling 1800 024 413.



## BOOK REVIEW

### Biblical Meditations for Lent

By Carroll Stuhlmüller, C.P.

This book offers reflections on the readings for weekdays in Lent and also for Cycle A, B or C Sundays in Lent.

Our grandparents observed Lent with frequent Mass and austere fasting. However, we are encouraged to observe the Lenten season with insight into our world - with love to reach out to help our neighbour.

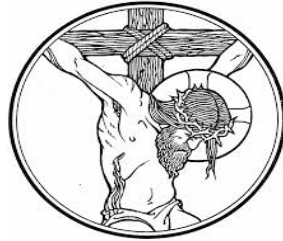
These meditations will help us do just that.

# EASTER MASS TIMES



## HOLY THURSDAY

Thursday 14 April 2022 • 7.00pm  
Sacred Heart Church  
(no morning Mass in Avalon)



## GOOD FRIDAY (fast and abstinence)

Friday 15 April 2022

### STATIONS of the CROSS

10am Sacred Heart Church &  
10am Maria Regina Church

## FRIDAY of the PASSION OF THE LORD

3pm Sacred Heart Church &  
3pm Maria Regina Church



## HOLY SATURDAY Saturday 16 April 2022

6pm Family Mass Maria Regina Church  
7.30pm Sacred Heart Church  
(There will not be a 5pm Vigil Mass)

## EASTER SUNDAY Sunday 17 April 2022

8am Sacred Heart Church  
10am Sacred Heart Church  
6pm Sacred Heart Church  
  
9am Maria Regina Church

# The *Living* Word

**Entrance Antiphon** Cf. Is 66:10-11  
Hosanna to the Son of David; blessed is he who comes in the name of the Lord, the King of Israel. Hosanna in the highest.

**First Reading**  
**A reading from the prophet Isaiah**  
*I did not cover my face against insult and I know I will not be ashamed.*

The Lord has given me a disciple's tongue.  
So that I may know how to reply to the wearied  
he provides me with speech.  
Each morning he wakes me to hear, to listen like a disciple.  
The Lord has opened my ear.  
For my part, I made no resistance, neither did I turn away.  
I offered my back to those who struck me, my cheeks to those who tore at my beard; I did not cover my face against insult and spittle.  
The Lord comes to my help, so that I am untouched by the insults.  
So, too, I set my face like flint; I know I shall not be shamed.

## Responsorial Psalm

**R. My God, my God, why have you abandoned me?**  
All who see me deride me.  
They curl their lips, they toss their heads.  
'He trusted in the Lord, let him save him; let him release him if this is his friend.' R.

Many dogs have surrounded me, a band of the wicked beset me.  
They tear holes in my hands and my feet.  
I can count every one of my bones. R.

They divide my clothing among them.  
They cast lots for my robe.  
O Lord, do not leave me alone, my strength, make haste to help me! R.

I will tell of your name to my brethren and praise you where they are assembled.  
'You who fear the Lord give him praise; all sons of Jacob, give him glory.  
Revere him, Israel's sons.' R.

## Second Reading

**A reading from the letter of St Paul to the Philippians**  
*He humbled himself to become like us and God raised him on high.*

His state was divine, yet Christ Jesus did not cling to his equality with God but emptied himself to assume the condition of a slave, and became as men are, and being as all men are, he was humbler yet, even to accepting death, death on a cross.  
But God raised him high and gave him the name which is above all other names so that all beings in the heavens, on earth and in the underworld, should bend the knee at the name of Jesus

and that every tongue should acclaim Jesus Christ as Lord, to the glory of God the Father.

**Gospel**  
**Luke 22:14 - 23:56**

## Reflection

In this final Lenten Sunday, we see that we have been saved through the kenotic (partial renunciation of divine nature) humility of Jesus, not through military power. We have a Saviour who was crushed for our iniquities, nailed to a cross as a convicted criminal, and there endured the sense abandonment. However, this Saviour was later lifted up and exalted precisely because he emptied himself of his divine prerogatives. Jesus became one of us in order to show us how we are to live. He was raised up because he himself was first willing to be put down. The passion recounts the extent to which he willingly offered himself. We have a Saviour who first offered himself for us and then continues to offer himself to us as an example to follow. As he was willing to empty himself for our sake, so we are told to empty ourselves for the sake of others. The best way to enter Holy week with him is in the company of those with whom he has identified himself: the poor and the broken the humiliated and marginalised, those who suffer the abuse of others, those who never use rank or force their will. If we are to be saved, we must go where salvation takes place: in our streets and in our homes where violence rages; in the dark corners of life where despair seems to hold sway: wherever the innocent are abused or the needy are neglected; wherever there is misunderstanding or fear or jealousy. We must go where Christ empties himself for us.

© Dianne Bergant CSA

## Receiving Holy Communion on the tongue during COVID

The Faithful shall still have the option of receiving Communion on the tongue until the situation is further reviewed, but Ministers of Communion should sanitise their hands afterwards and avoid contact with the palm of people's hands. In this situation, if you desire to receive Holy Communion on the tongue, please present yourself last and only to the priest.

## PONTIFICAL GOOD FRIDAY COLLECTION 2021

The annual collection for the support of the church in the Holy Land will take place on Good Friday, April 15th.

This collection promotes the missionary work of the Church in the Holy Land by providing welfare assistance to local Christians in areas such as health, education, employment and housing. Parishes, schools, orphanages and medical centres throughout the Holy Land also rely on assistance from this collection. It is also used to maintain over 70 churches and shrines associated with the life of Jesus.

Last two year, due to the global pandemic, it was an extremely difficult time for the Church and people of the Holy Land with very little income due to the lack of pilgrims and the closure of churches around the world.

This year, the Holy Land will continue to face an extreme shortfall in income due to the ongoing effects of the pandemic and so we are urging Catholics around the world to be as generous as possible.

Please remember the Christians of the Holy Land on Good Friday and please keep them in your prayers. Thank you.

## THANK YOU

I wish to take this opportunity to say thank you for your contributions and support throughout the year. Your financial contributions in our Planned Giving Programme and your generous donations throughout the year to Charitable Works Fund are greatly appreciated. I also wish to extend a warm welcome to any new parishioners to Pittwater Parish.

Fr Richard SDS  
Parish Priest

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