

Sunday 23 June 2024
12th Sunday in Ordinary Time
Mark 4:35-41

# In the GOSPEL TODAY

#### **BE CALM!**

## What did Jesus say?

Fill in the missing vowels (a, e, i, o or u) to see what Jesus is saying to the wind and waves.



Jesus and his friends are caught in a storm on the lake. The disciples are scared they are going to sink. Jesus tells the wind and waves to be calm – and they are! Everyone is safe again and amazed at Jesus' power.

#### Stormy weather

Katie is going out in a storm. Draw rings around each of the things she will need.

What would the weather be like if she needed the other things?



## Message in a puzzle

Jesus can bring us peace, even when we are frightened. • Find Jesus' message to you in the puzzle.

Starting at the top, write down the first letter, miss a letter, then write down the next letter. Keep on writing down every other letter until you have 7 letters.

Which two word have you written?

QEP

#### Going fishing

Colour in the picture of Jesus in the boat with his disciples, sailing across the sea. Can you draw in three more boats of people who are sailing with Jesus?

## A PRAYER TOS

Dear Jesus, please help me to remember that you are always with me, even when I am afraid. Amen.

