

Unit Focus: Students have explored how Jesus reached out to others through his relationships, actions, feelings, healing, lifestyle and words.

Students are challenged to:

- Respond as Christians to the presence of God in the world.
- Recognise Jesus in others and treat them accordingly.



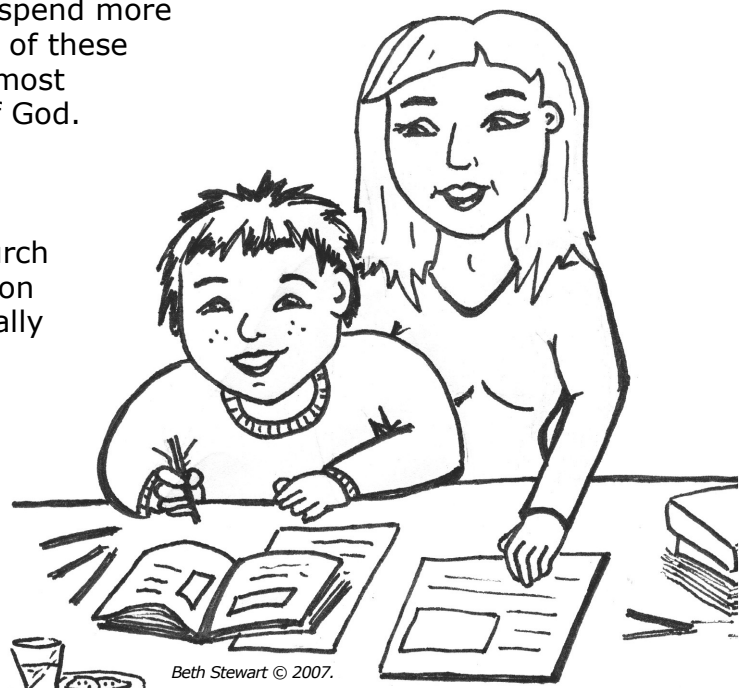
In class: Children have been introduced to the concept of prayer, fasting and almsgiving. Of course, with children this young, there is certainly no expectation on them to fast, but Lent does provide us with an opportunity to look at those who are less fortunate. Project Compassion is a long-standing tradition in our Church and is a means for sharing what we have with others.

To support you: To help you answer any questions which the children might bring home, the following is an outline of the Church's teaching on prayer, fasting and almsgiving during Lent. Lent may be an appropriate time to pray with your children in the evening, asking God's blessing on all who don't enjoy the basic needs of life.

Lent is a Time of Renewal: The period of 40 days beginning with Ash Wednesday and ending on Holy Thursday is the liturgical season known in the Catholic Church as Lent. During Lent, Catholics focus on the self-giving (sacrifice) of Jesus on the cross. In order to limit distractions of day to day life, many people take up special practices during Lent. It is common for Catholics to increase their prayer life during Lent.

One practice is to give to the poor, another is 'give up' a favourite activity, and it is common to spend more time in prayer and worship. The purpose of these practices is to renew one's focus on the most important part of life, namely the love of God.

Through Lent, Catholics renew their relationship with Jesus their Saviour, who died for them on the cross. The Church calls all to the sacraments of Reconciliation and Eucharist during this season, especially those who are not able to attend the sacraments regularly.



Project Compassion

3.1.1

Lent

This week in Scripture, you have been learning about the Church's season of Lent. You have been introduced to the concept of prayer and fasting. Of course, at your age, there is certainly no expectation to fast, but Lent does provide us with an opportunity to look at those who are less fortunate.



Aspire not to have more, but to be more.
OSCAR ROMERO



Project Compassion

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RELATE

RECOGNISE

RESPOND

REJOICE